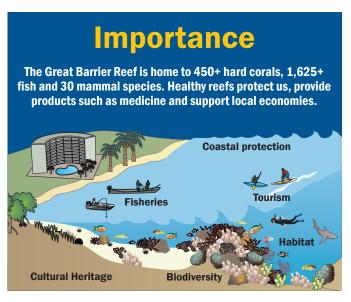
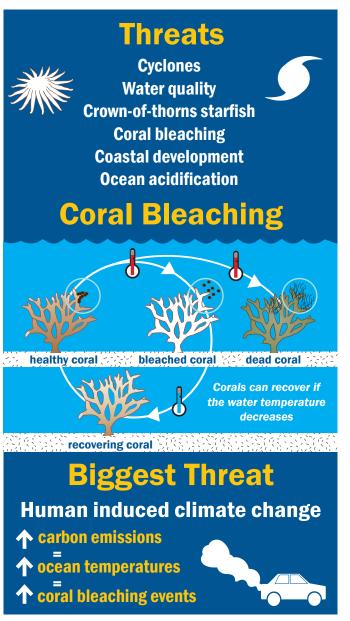
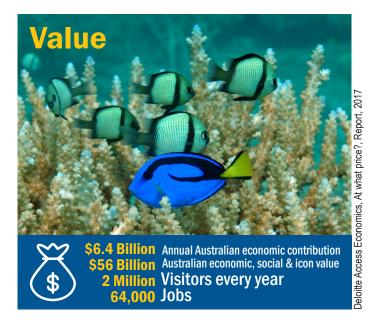
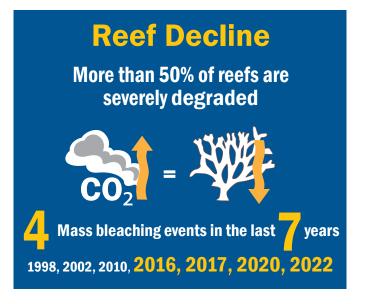
# **GREAT BARRIER REEF FACTS**

















# **Small Changes**

# What Can I Do?

## **Big Benefits**





Changing what we eat reduces carbon emissions, improves human health, and conserves resources







beef 1 kg= 59.6 kg CO,eq peas 1 kg= 0.9 kg CO,eq

**BENEFITS: Healthier for you** and the planet

#### **Buy Second** Hand







1 new cotton shirt = 2.700 litres water

**BENEFITS: Save money and** save water

The Guardian, Across the glob oiggest climate change protest

#### Manage **Energy Use**



Install a smart thermostat to track your energy use and control your heating and cooling remotely





Every 1oC cooler = 10% more energy use

**BENEFITS: Save money and** save energy

#### **Seek Active Transport**



Choose sustainable transport options to reduce carbon emissions. Active transport is good for your health



**BENEFITS: Better fitness and** reduced traffic pollution

## **Act for Change**



Use vour voice to make a difference



Our biggest climate change protest took place in 2019 in 185 countries with millions of people

**BENEFITS: People power** can change legislation

#### Restore **Nature**



Going outdoors helps improve cognitive function, physical and mental health



Restoring wildlands and improving farmlands will achieve 30% of global carbon capture targets

**BENEFITS: Improved personal** and environmental health

#### Learn to **Adapt**



Climate change is forcing us to live differently, learning will be core to our ability to adapt



If 16% of high school students received climate change education, we could reduce 19 Gt of CO<sub>2</sub> by 2050

**BENEFITS: A future for** our children with less CO

**ACT NOW to Save Money, Improve Health, Reduce Climate Change and Protect Coral Reefs!** 











